

# SKINRITUAL

aesthetic clinic

## Patient Intake Form

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Would you like to receive emails about office specials/promotions? (Please check) Yes \_\_\_ No \_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

How did you hear about us? (Please check all that apply)

\_\_\_ Instagram Account: (circle one) @the\_aesthetician @the\_dermgirl @fox\_derm  
@jennayount\_aesthetics @lexihorn\_aesthetics @the\_skinritual @desert\_sky\_derm  
\_\_\_ Desert Sky Dermatology \_\_\_ Friend/Family: \_\_\_\_\_  
\_\_\_ Yelp \_\_\_ Google \_\_\_ Facebook \_\_\_ Dermatologist Other: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

What is your current daily skin care regimen?  
\_\_\_\_\_  
\_\_\_\_\_

Previous Procedures: Which of the following have you had in the past? (Please check all that apply)

\_\_\_ Botox, Dysport, Xeomin, Jeuveau \_\_\_ Clear + Brilliant laser  
\_\_\_ Injectable Fillers (i.e. Juvederm, Restylane, Voluma) \_\_\_ Laser Hair Removal  
\_\_\_ Facials \_\_\_ Permanent Makeup or Microblading  
\_\_\_ Microdermabrasion \_\_\_ Laser Resurfacing(i.e. Fraxel, Halo, CO2)  
\_\_\_ Dermaplaning \_\_\_ Photofacial/IPL/BBL  
\_\_\_ Chemical Peels \_\_\_ Microneedling (with or without PRP?)  
\_\_\_ HydraFacial/Dermalinfusion \_\_\_ Vivace/RF Microneedling  
\_\_\_ Facial Cosmetic Surgery: \_\_\_\_\_

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Current Medications: (Including topical medications like Retin-A, tretinoin, etc.)

Allergies: (Including latex, medications, food, etc.)

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Are you pregnant? Y N Are you nursing? Y N Are you planning on becoming pregnant? Y N

Are you currently taking ACCUTANE, or have you taken Accutane in the last 6 months? Y N

Do you use tanning beds? Y N Do you wear sunscreen DAILY? Y N Do you smoke? Y N

Any Dental work/cleaning in the last 2 weeks, or an upcoming appointment in the next 2 weeks? Y N

Past Personal Medical History: (Please check all that apply)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Autoimmune Disease                | <input type="checkbox"/> IUD (current)   | <input type="checkbox"/> Lyme Disease             |
| <input type="checkbox"/> Hyperthyroid                      | <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Lupus                    |
| <input type="checkbox"/> Hypothyroid                       | <input type="checkbox"/> Fibromyalgia  | <input type="checkbox"/> Metal Implants or Plates |
| <input type="checkbox"/> Blood Clots, Bleeding Disorders   | <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> PCOS                     |
| <input type="checkbox"/> Cancer                            | <input type="checkbox"/> Hepatitis B or C  | <input type="checkbox"/> Seizures                 |
| <input type="checkbox"/> Cold Sores (ever, even years ago) | <input type="checkbox"/> Hormone Therapy   | <input type="checkbox"/> Stroke                   |
| <input type="checkbox"/> Connective Tissue Disorder        | <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Hysterectomy             |
| <input type="checkbox"/> HIV/AIDS                          | <input type="checkbox"/> Cochlear implant, Pacemaker, Defibrillator, or any other electrical devices |   |

Other: \_\_\_\_\_

Past Personal Skin History: (Please check all that apply)

- |   |   |                                    |
|---|---|------------------------------------|
| <input type="checkbox"/> Undiagnosed Skin Lesions   | <input type="checkbox"/> Keloid Scars                     | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Actinic Keratosis (pre-cancer)   | <input type="checkbox"/> Melasma/"pregnancy mask"         | <input type="checkbox"/> Shingles  |
| <input type="checkbox"/> Eczema   | <input type="checkbox"/> Pigment Disorder (i.e. Vitiligo) | <input type="checkbox"/> Rosacea   |
| <input type="checkbox"/> Skin Cancer – circle all that apply: Melanoma Basal Cell Carcinoma Squamous Cell Carcinoma |   |                                    |

Previous Surgeries: \_\_\_\_\_

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